

People from all over County come out to celebrate National Trails Day

Prairie Creek Greenway's natural resources, safety and wellness benefits were recognized on June 5 as part of the Platte County Parks & Recreation National Trails Day celebration. Participants walked the greenway and learned about all of the advantages that the trail offers along the way.

Trails allow access to the natural world for recreation, education, exploration and physical and mental health. Platte County Parks and their partners were on hand for the National Trails Day activity to demonstrate all of these trail benefits.



Bikers were treated to the debut of the Fixit, a bike service station, installed at the South Trailhead off of N Highway thanks to a Specialized Grant. Staff from Epic Bike and Sport were on hand to demonstrate how the Fixit allows users to perform minor bike repairs with an air pump and tools in one convenient structure.

Natural resources were highlighted in three different areas: rain gardens, growing native plants and stream testing. University of Missouri Extension master gardeners were on hand to explain the benefits of a rain gardens and the Grow Native! Planting program. The Missouri Stream Team presented information on the quality of the water in Prairie Creek as part of the stream monitoring program.



Health and wellness was demonstrated Platte County Community Centers. Participants learned of all the programs available through the partnership with the YMCA including the Run Club that frequently hosts runs at Prairie Creek Greenway.

The Platte County Sheriff's Department and Community Emergency Response Team and the University of Missouri Extension Pet Power quizzed activity participants about trail safety. Both groups brought along their dogs to showcase how instrumental animals can be in the safety and socialization.



Platte County has featured a different trail on National Trails Day for six consecutive years. The activities located along the trail for the 2010 National Trails Day celebration featured the guiding principles for the Platte County Parks 2009 updated Parks Master Plan including Natural Resource Protection, Health and Wellness Opportunities and Safe Recreation Places for Children. For more information, visit www.platteparks.com or call 858-3419.



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